

What is Alpha?

Alpha is a place to explore the Catholic faith with others. It is a low pressure environment to discuss the big questions in life.

Every Alpha session has three key ingredients: food*, a video from Alpha with the topic for the week, and small group sharing.

Alpha makes faith sharing easier. Each video is designed to communicate the basics of the Christian/Catholic faith. Participants are encouraged to honestly share what they think and believe without judgement.

Alpha begins on October 4, 2021 at St. George in the St. Francis room at 6:30 PM. Elevator makes access for everyone easy!

Folks can get involved in a few different ways:

Pray for the volunteers, the participants, the faith sharing among participants

Volunteer to help in any of these areas: set up, welcome greeters, host a group, organize food, serve food, clean up, IT support, etc.,

Come to Alpha and Invite friends to come with you.

*Food will be prepared and served per Archdiocesan Covid protocols.

Early session topics are: Is there more to life than this? Why did Jesus die? How can I have faith? Why and how do I pray? Why and how should I read the Bible? How does God guide us? Many more topics will follow.

This is not a class for instruction, but sharing our thoughts and beliefs without judgement or correction. Everyone is accepted as who they are and where they are at.